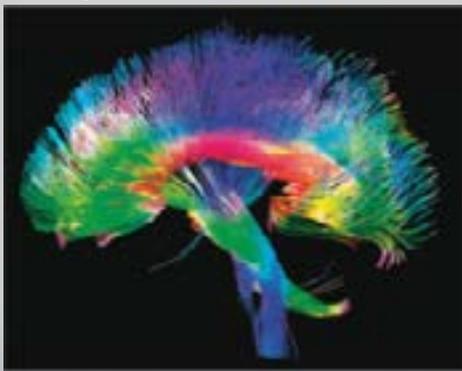


CFR CORTICAL FIELD RE-EDUCATION

NEUROPLASTICTY: HOW TO USE IT!

For hundreds of years, the brain was thought of as a static organ relatively immutable after a critical learning period during early childhood. If through nature or nurture you didn't get it early on, you just didn't get it. And if you did get it, but later in life, trauma or repetitive strain disconnected your learning you were out of luck. But neuroscientists have overturned this belief, and we now understand the brain remains plastic from cradle to grave. It is opportunistic, and it has an appetite! This seminar will teach you how to recognize and rewire physical and behavioral patterns for pain-free function and pleasure.



CORTICAL FIELD RE-EDUCATION®

Neuroplasticity is the new buzz word in neuroscience. Neuroplastic changes leading to physical and psychological upgrades require paying close attention without judgment. Easy to say, but quite an involved process to actually implement! How does a brain pay close attention without judgment? CFR, based on the work of Moshe Feldenkrais and influenced by other modalities like John Upledger's Cranial/Sacral work, is an easy and efficient pathway for expanding a person's perceptual net of awareness and objective observation. CFR utilizes functional movement in the physical body combined with energetic, mental, emotional and spiritual aspects of healing.

CFR is not about "fixing." It is about true healing which is based on learning with awareness - what is now known as the engine behind neuroplasticity.

NORTH BAY PHYSICAL THERAPY

SANTA CRUZ, CA

Registration

EARLY BIRD DISCOUNT

9000 Soquel Avenue,
Santa Cruz, CA 95062
(831)462-5777

October 23 - 25, 2015

~~\$825.00~~

\$595.00

24 CA PT CEUs

Your team of presenters represent a cross-section of experts from physical therapists to cranial/sacral therapists to Feldenkrais practitioners. All teachers are certified Cortical Field Re-Education practitioners. This collective is greater than its parts resulting in quantum levels beyond any one modality. CFR is accredited at Esalen Institute for Massage Therapists, Psychologists, Body Workers, MFTs, LICSWs, RNs, and DDSs. Core seminar teachers include: Harriet Goslins, Founder of Cortical Field Re-Education, IA, CST; Melissa Krikorian, MPT, CST; Tomas Prietto, CST. Other teachers will vary on course date. They include: Sybil Krauter, IA; Judy Greenman, CFP, IA; Michael Meyer, CFP, CST; Ellen Kindle, IA; Laura Kunysz, CST; Patrice Hamilton, M.Ed.

CFP - Certified Feldenkrais® Practitioner
CST - Cranial/Sacral Therapist
IA - Integrated Awareness

[CLICK HERE TO REGISTER](#)

SANTA CRUZ CLASS SCHEDULE

DAY
01 | 2:00 pm-6:00 pm
Lecture/Lab
7:00 pm-9:00 pm
Lecture/Lab

DAY
02 | 9:00 am-1:00 pm
Lecture/Lab
2:00 pm-6:00 pm
Lecture/Lab
7:00 pm-8:30 pm
Lecture/Lab

DAY
03 | 9:00 am-1:30 pm
Lecture/Lab