

## TABLEWORK - Larry Goldfarb

"Recipes are very useful when you are trying something new. Also if there is an ingredient that you'd like to use and you have a recipe that includes that ingredient. And later, in exploring on your own, it's always wise to know that there is a recipe that always works, that you can fall back on."

"It is only when I can feel what would be the sweet spot that I can communicate that possibility and where the system is in relationship to that possibility."

If I can ask the question clearer and softer I will get more information.

How can you make your hands disappear, so the student will only feels self?