

FURTHER ADVANCED CONCEPTS ABOUT YOUR TOUCH

If you are straining in any way as you touch, the table will not experience, "I could like myself better."

If your touch is too heavy, table will feel resistance. If your touch too light, table will feel abandoned. In either case they will feel separate.

When you are truly "matching forces," your hands will disappear.

No table work worth anything finishes when you take hands off.