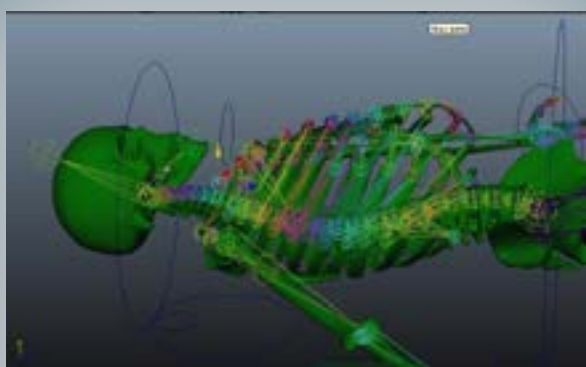


CFR CORTICAL FIELD RE-EDUCATION

LEVEL II



Neuro-repatterning explorations as experienced in the seminar **NEUROPLASTICITY**: Learn the Language, Know the Theories, Experience the Outcomes. *(This course is required as a prerequisite for Applied Neuroplasticity.)*

Weight-bearing integration techniques to globalize local changes.

"Informed touch" techniques that you will personally use on your patients. Hands on experience.

Personal table lesson during which a practitioner spends a full hour working personally with your nervous system addressing your custom needs.

LEARNING OBJECTIVES

- Analysis of how postural dysfunction (hyper-kyphosis/lordosis) contributes to joint pain and dysfunction with techniques to alter these "permanent" positions.
- Skill in rewiring aspects of your own and your patient's "Self Image" -- including habits, beliefs, and actions that cause pain, stress and limitations.
- Understand and influence the habits formed via ANS- Limbic-Pre-Frontal Cortex pathway.
- Track and influence pathway flows of neural current-time information through the entire system.
- Increased awareness in how YOU are organizing YOUR movement so you have options to change. You cannot take your patient where you have not gone!
- Identify the #1 thing standing in the way of yours/your patients true goals and desires and be clear on the next best move.

LEVEL: Intermediate

APPLIED NEUROPLASTICITY

"Healing" is more than "curing." It is **"making whole"**. After you have taken the first step in the process with a 3-Day event, you are ready to explore more deeply into the **"gold mines"** you have discovered. CFR seminars offer an experience of remarkable improvements in how you move, think and feel. This work reboots your brain's ability to opt for ease, choice and connection rather than efforting in mediocrity or a closed loop of frustration and failure.

Our perception of deserving and capacity influence how and where we walk as well as how far and for what we reach. Use of our body is dependent upon our self-image. You'll learn how to use the body's innate intelligence to begin rewiring aspects of your own and your patients/clients. (This course is for professionals and public.)

You will leave with daily tools to maintain your new found ease and fluidity and assist your patients/clients in a deeper way when you return to your daily life and practice.

CLASS
SCHEDULE

DAY
1-3

9:00 am-12:30 pm
Lecture/Lab
2:00 pm-7:00 pm
Lecture/Lab

DAY
4

9:00 am-1:00 pm
Lecture/Lab

CLICK HERE TO REGISTER

Your team of presenters represent a cross-section of experts from physical therapists to cranial/sacral therapists to Feldenkrais practitioners. All teachers are certified Cortical Field Re-Education practitioners. This collective is greater than its parts resulting in quantum levels beyond any one modality. CFR is accredited at Esalen Institute for Massage Therapists, Psychologists, Body Workers, MFTs, LICSWs, RNs, and DDSs. Core seminar teachers include: Harriet Goslins, Founder of Cortical Field Re-Education, IA, CST; Melissa Krikorian, MPT, CST; Tomas Prietto, CST. Other teachers will vary on course date. They include: Sybil Krauter, IA; Judy Greenman, CFP, IA; Michael Meyer, CFP, CST; Ellen Kindle, IA; Laura Kunysz, CST; Patrice Hamilton, M.Ed.

CFP - Certified Feldenkrais® Practitioner Student/Faculty ratio - 5:1
CST - Cranial/Sacral Therapist
IA - Integrated Awareness