

MINDFULNESS for PT: HOW WOULD THAT WORK?



Course objectives

- Learn the rich history of how Mindfulness got the most talked about modality in medicine.
- Learn which cortical structures are affected by Mindfulness and the remarkable results.
- Understand Mindfulness mechanics for rehab.
- Learn cues to use to get your patients (and yourself) to be Mindful.

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| Tuesday | October 11 | 7:00 pm | PST |
| Thursday | October 13 | 12:00 pm | PST |
| Monday | November 21 | 7:00 pm | PST |
| Thursday | December 1 | 12:00 pm | PST |

**1 HOUR WEBINAR
1 CON ED UNIT
TUITION: \$25**

CLICK HERE TO REGISTER

Melissa Krikorian is a licensed physical therapist using Cortical Field Re-Education (CFR) mindfulness training to address orthopedic issues. Providing continuing education units for physical therapists with her signature 3-Day CEU weekends in Neuroplasticity, she teaches internationally, at Esalen Institute in Big Sur and has a private practice in Westlake Village, CA.