

Whatever you find and what you and your student discover together is the brilliant NS's solution at this time.

We offer the possibility of a higher good change that may or may not be accepted. There is no judgement. It is clear that the student does not need to please, take care of or validate the practitioner.

Three tools CFR uses in energetic and tissue touch.

1. NEUTRAL, the practitioner NS is a mirror, reflecting and clarifying to the student's NS what is true now. As this energetic and ever changing picture is held clearly by the practitioner, the student feels it more clearly. This back and forth conversation allows shifts and changes to occur.
2. INDIRECT: Slight energetic and tissue exaggeration of what is happening now. "Out of awareness" becomes "brought to attention".
3. DIRECT: Intentional and actual shift by the practitioner (as in position of structure, changing energetic flow).